

ADULT BADMINTON COACHING DEVELOPMENT SESSION

MONDAY EVENINGS • 7PM-8PM

HIGHBURY COLLEGE SPORTS CENTRE
TUDOR CRESCENT, PORTSMOUTH, PO6 2SA

JUST
£5


BRING YOURSELF
AND A RACKET

The adult development session at Highbury is aimed at beginners and intermediate level players. It is a chance for adults to breakdown their game into shot practice and routine based training, to improve all aspects of their game.

Whether you just want to beat your mates when you book a court, or want to be winning more games on a club night, this session will have great benefits for you!

Session run by Toby Brazier - UKCC Level 1 & 2 Coach

If you have any questions, please don't hesitate to contact Toby: tobybrazier@gmail.com

 @tobybraziercoaching

